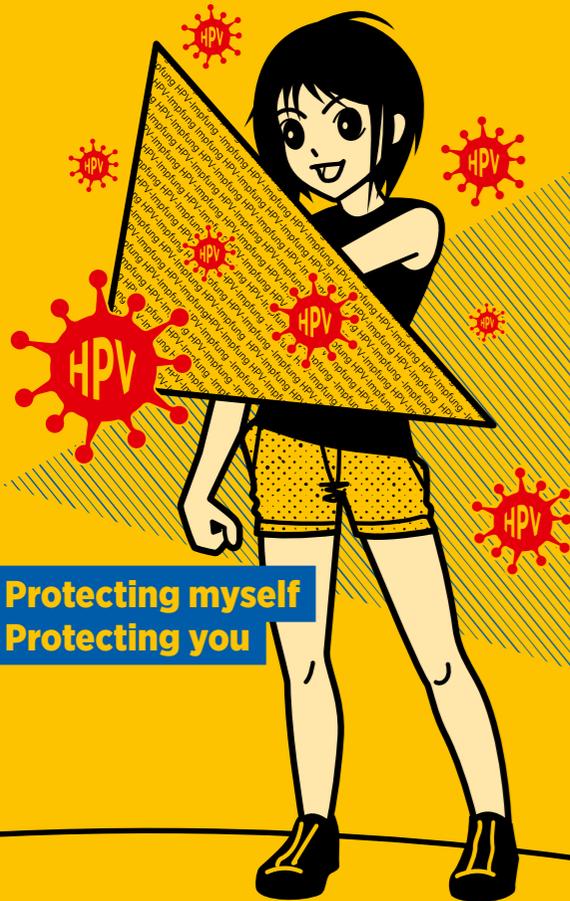


against HPV



Protecting myself
Protecting you



Protecting you

Where can I get vaccinated against HPV?

Any physician authorized to give vaccines can vaccinate you, including paediatricians, gynaecologists, urologists, or general practitioners. Additional information on the HPV vaccine can be found at www.impfen-info.de



Do you want even more information?

Visit our YouTube-Channel.



ÄGGF, the Medical Society for Health Promotion, has been active in medical prevention work in schools for more than 65 years all over Germany. ÄGGF medical professionals are committed to offering scientifically proven information to students, addressing questions and insecurities on topics like sexual health, vaccines, or medical check-ups. Their motto is "Learning to understand, appreciate, and protect your own body with its innate needs and abilities". Sessions are adapted to students' age and developmental levels. The ÄGGF concept of preventative and culture-sensitive health education by visiting students directly at their school is unique in Germany and has received several awards. Further information is available at www.aeggf.de

With about 680,000 customers, **Bahn-BKK** is one of the largest company health insurance providers in Germany. The insurance is open to all statutory health insurance customers in Germany and focuses on preventative health care. Bahn-BKK is committed to improving their services and adapting them to their customers' needs. Reliable, innovative, and always one step ahead, Bahn-BKK is the health insurance provider for companies in the transport and logistics field as well as for private customers, offering personalized additional services. With extra services above and beyond the legally required standard, Bahn-BKK offers an extremely attractive service for all customers. Further information is available at www.bahn-bkk.de

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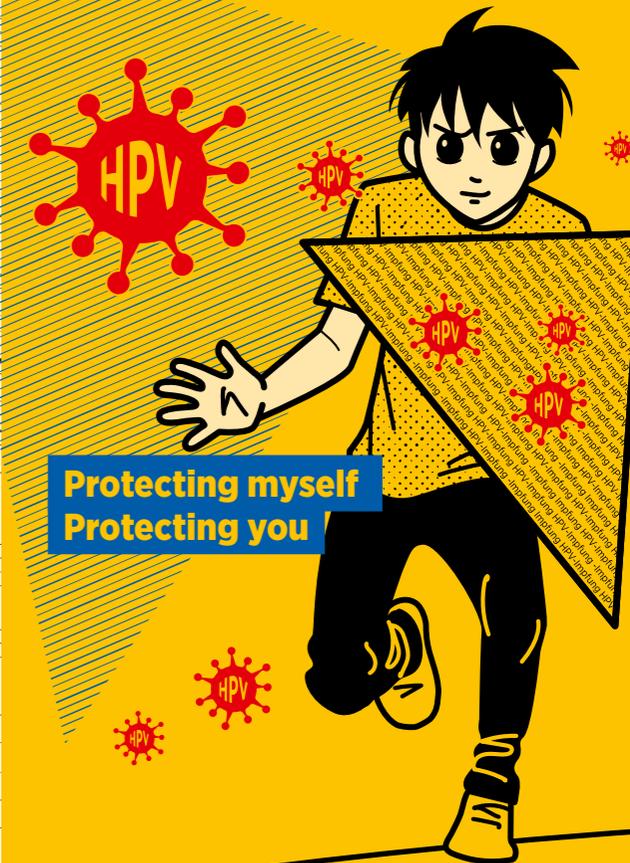
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Safely vaccinated against HPV



Sexuality, puberty, vaccination: Get to know your body!

Safely vaccinated



Protecting myself
Protecting you



Protecting each other

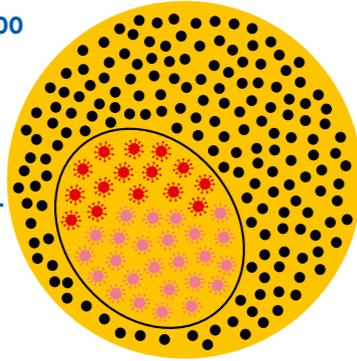
Essential information on the HPV vaccine for students



What is HPV?

HPV is short for **H**uman **P**apilloma**v**irus. These common infectious agents are found all over the world.

- There are more than 200 different types of HPV
- 40 of these mostly cause diseases in the genital area
- 15 are particularly dangerous because they can cause cancer
- The others can cause genital warts



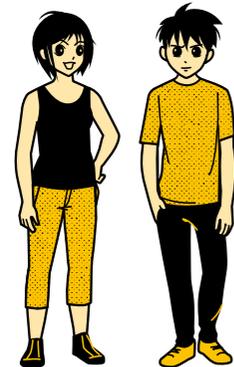
8 out of 10 sexually active people will get infected with one of these sexually transmitted HPV types in the course of their lives.



7 of them can successfully combat the virus, but one will get sick.



What diseases may be caused by HPV infection?



Women:

- Cervical cancer
- Vulvar cancer
- Vaginal cancer

Men:

- Penis cancer

Everyone:

- Cancer of the mouth and throat
- Anal cancer
- Genital warts

How many people per year get a HPV-induced disease in Germany?

Hundreds of thousands get genital warts. Tens of thousands get cancer precursors, and in about 7,800 of them this will proceed to cancer.

How can I protect myself against HPV?

Getting vaccinated in time is the only truly effective way of protecting yourself.

Vaccination is the best self-defence!

How effective is the HPV vaccine?

This vaccine is recommended for all adolescents. It offers very effective protection against the nine most critical of the 40 HPV types. With a timely vaccine, your protection against HPV diseases will exceed 90 percent.

Who should get vaccinated against HPV?

All children and adolescents, preferably between 9 and 14. The vaccine is most effective if you have never had contact with HPV before, but it can still protect you if given later.

When and how often should I get the HPV vaccine?

Only twice if you get vaccinated between 9 and 14. From age 15 onwards, you will need three injections.

HPV vaccine: For everyone between 9 and 17!

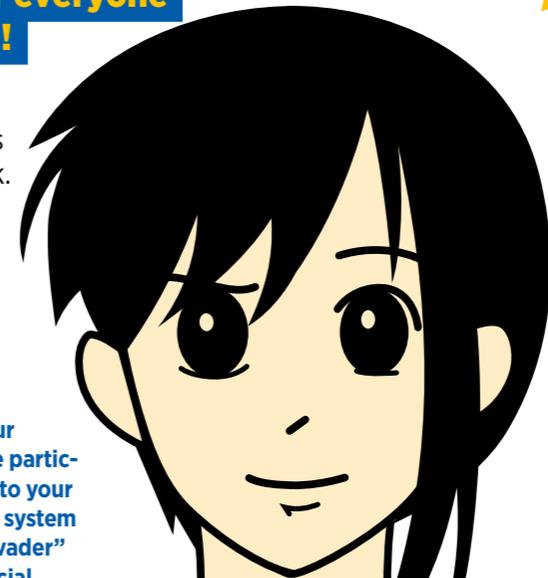
The vaccine does not contain any components that could make you sick. It consists of specially produced particles resembling the HPV virus shell.

- 1 With a small jab into your upper arm, the vaccine particles will be injected into your body. Your defence system recognizes an "invader" and notifies special defence cells.



- 2 The defence cells tackle the "invaders", scanning their shape and sending this information to the memory cells.

- 3 The memory cells store the information and can remember it for a long time.



Vaccine

Defense cells

Memory cells

Years later

Alarm!

Anti-bodies

5

- 5 These specialized antibodies fit the HPV virus precisely, so they can surround and destroy the viruses before they can harm you. You are well protected and also cannot infect other people with these types of HPV.

4

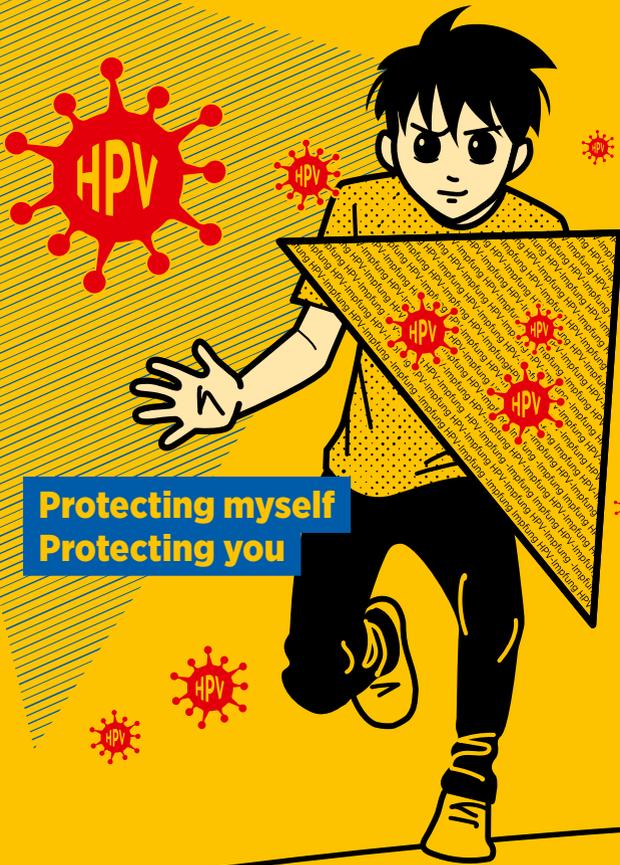
- 4 If a real HPV virus enters the body at a later time, the memory cells will give an alarm. Huge amounts of specialized antibodies can be released immediately.

What side effects can be caused by the vaccine?

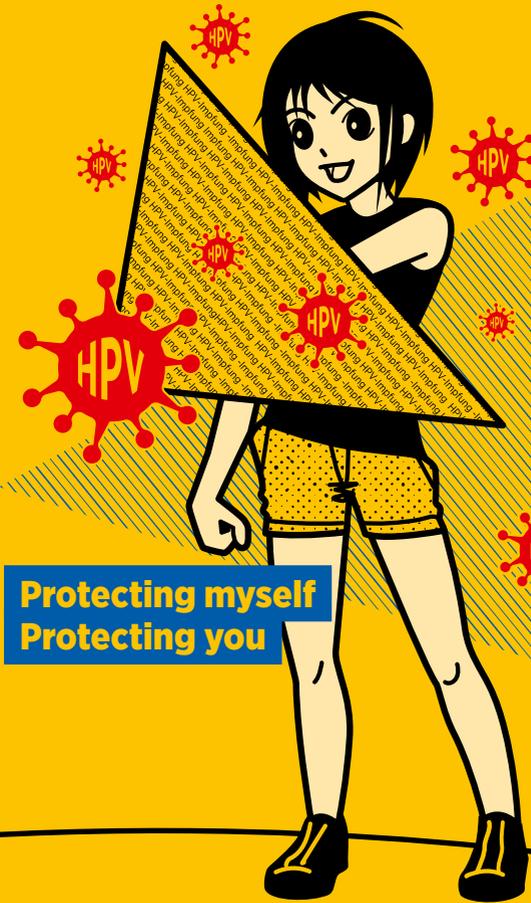
HPV vaccination is usually well tolerated. Just as with other vaccines, transient reactions may occur. These include pain, swelling, and reddening around the injection site, headaches, dizziness, fever, and feeling weak.

Good to know: There are no dangerous side effects!

Safely vaccinated against HPV



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Protecting each other



Protecting you

